

INFO AT A GLANCE:

Don't wait!

Tickets on Sale Now!

All tickets sold online until only 48 hours before each performance

After that you can only buy at the door. www.dancersmovementlab.com

Volunteer chaperones Needed:

Please Sign up in the lobby Be a part of the backstage magic!

Additional Reminders:

STUDIO CLOSED

Memorial Weekend May 25th, 26th, 27th & June 3-9th *1- Week Closure

(Honoring end of year graduations and celebrations)

NEW! JUST DANCE T-SHIRTS \$20

Available at the performances

ALL BALANCES MUST BE PAID BY JUNE 10TH

COSTUMES will be given to dancers at the last dance class. The week of June 10th.

Saturday June 15th Last day of dance classes, then rehearsal and shows for the remainder of the month.

LOST & FOUND: Please Pick Up Downstairs at Main Building

Hint: put your dancers name on the tag so we can return your items.

The Movement Lab

Important Information

SPRING PERFORMANCE

Will take place at: Spreckels Performing Arts Center 5409 Snyder Lane Rohnert Park, CA 94928

Mandatory "In Studio"

Dress Rehearsal at:

The Movement Lab (Main Building)

All dancers arrive in costume with hair and makeup done. This is an opportunity for each dancer to meet the other dancers and get extra rehearsal. Each class will run through their dance once, in program order. This is a CLOSED Rehearsal.

Parents do not stay unless you have signed up to chaperone.

The chaperone book is in the lobby.

Program A (in studio)

Monday June 17th 5-7pm

Program B (in studio)

Tuesday June 18th 5-7pm

Program C (in studio)

Wednesday June 19th 5-7pm

Final Tech Rehearsal & 1st Performances Held at:

Spreckels Performing Arts Center We are having the Tech rehearsal and the first performance in the same night. There will be an 1/2 hour break in between to eat a snack before the performance starts. Please have your dancer bring a snack or sandwich.

DANCERS ARRIVE AT 4:30pm

We will start promptly at 5pm

Program A

Tuesday June 25th

Tech Rehearsal 5pm -7:00

Performance 7:30 -9:30

Program B

Wednesday June 26th

Tech Rehearsal 5pm -7:00

Performance 7:30 -9:30

Program C

Thursday June 27th

Tech Rehearsal 5pm -7:00

Performance 7:30 -9:30

FINAL PERFORMANCES

(Performance only)

Friday June 28th Program A

7:30-9:30pm

Saturday June 29th Program B

2:30-4:30pm

Saturday June 29th Program C

7:30-9:30pm

NO SUDAY PERFORMANCES

(cake is provided to the dancers at the end of each of these performances)

All dancers **MUST** use the backstage entrance to go to and from.

Dancers are expected to arrive at the theater with hair and make-up done. Dancers should be responsible for having necessary products such as: hair spray, hair pins, safety pins, gel, combs, brushes, make-up, etc.

*Standard Hair for Girls: Two French Braids

Dancers will need to check in upon arrival. There will be a sign-in table (backstage entrance) to do so.

Parents of small children will need to escort them to the backstage door as well as sign them in and out

(before and after the performance)

Dancers under 12- arrive 30 min early
Dancers Teens & Adults 45 min early

TICKETS

Pre-Sale Tickets to the performances are available online now on our website:

www.dancersmovementlab.com

\$18 plus online ticket fee

Tickets are sold online up to 48 hours before the performances, otherwise you can purchase at the door of the performance. Cost \$24

(If we haven't sold out)

FYI- DVD's can be ordered at the performance \$25

Summer Registration Sign up on line now!

Summer Session

July 8th -Aug 2

Summer Dance Camps

Camp Fee \$300 after June 1st or \$350

Jr Dance Camp (7-12yrs)

July 15th -19th

Teen Dance Camp 13+

July 29th -Aug 2nd

FALL SESSION

Aug 19th -Jan 19th

Registration online

Begins July 1st

Auditions for Dance Companies

Sat Aug 17th

9am -3pm

*More Info TBA

For updated info please visit our web site.

www.dancersmovementlab.com

The Movement Lab (707) 206-7444

Know what program you are performing in! A B C

Dance Class Etiquette –PLEASE READ (especially to your child)

“If you act professional in all your dance endeavors you will inevitably be a better dancer.”

Proper Dance Etiquette

Dancers spend long hours in the classroom. It’s no doubt that the classroom starts to become the social circle after so many days and hours with the same people. When dancers don’t follow a certain code of conduct, they tend to disturb a classroom while they’re trying to focus and learn. Granted some dancers are very young, but that isn’t an excuse for poor choices in conduct, attire, chatter or attendance. Disrupting the focus of others dancers is a disservice and should be corrected immediately by the dancer themselves.

We all slip, and make mistakes, but taking responsibility and making certain we note not to repeat the offense is evidence of good character in a dance student.

Chatter During Class

No matter the level of a dancer, there is no excuse for talking during a class or rehearsal. It is entirely disrespectful to the teacher/choreographer and to fellow dancers.

The worst offense is talking while the instructor or choreographer is also talking, that is not only impolite in general, but beyond rude.

This person is here, dedicating their time and effort, to make you a better dancer.

Abstain from talking during class as much as possible and show your choreographer or teacher that you are focused and eager to learn. It goes a long way

Respect for the Teacher

The worst offense a dance student can do above all the others, is to disrespect the teacher. Disrespect comes in many forms. The above mentioned are some of them. Another form is your body language and eye contact or lack thereof. When a teacher is talking, you should be listening quietly with a perky ear. Think of their lesson as an investment to your dancing education, be thankful for it and show courteous behavior. Each time a teacher says a correction out loud, assume it is you and check to see if you need the same adjustment. Smile and nod at your instructor when you get a correction. And if you’re with a choreographer, don’t challenge their ideas; you are their canvas

to paint on. It is not anyone’s place but the choreographer to determine the spots in the dance and what you will be doing or wearing.

If you act professional in all your dance endeavors you will inevitably be a better dancer. A dancer needs to be certain they are kind, courteous and ultimately focused. So anything that is done against that grain will produce undesirable results.

If a dancer finds they cannot or will not follow this code of conduct, maybe they should look into some other interests that don’t require this amount of discipline. Maybe they just aren’t cut out to be a true dancer. So be on your best behavior and you will really shine as a fellow dancer and dance student. Learning to take class is the first step to becoming a professional in the dance industry.

Be smart and mindful to achieve dancing success!

****Ask the instructor what the appropriate attire is for each dance style.***

Young dancers are in shape and full of confidence. At a certain point in training they will feel they need to express themselves with other things such as fashion. Not all classrooms are strict, but a dancer should not wear clothes that will distract themselves or others from their

main focus. When dancing, the proper dance gear should be worn per dance style. Every dance clothing outlet has a variety of clothing that is appropriate. The dance instructor will usually request a specific type of attire that should be adhered to.

Remember, every time a dancer goes out on a limb with their attire; it usually draws their focus away from the dancing. Dressing too sexy or too punky is not going to help your dance training, save it for the street!

